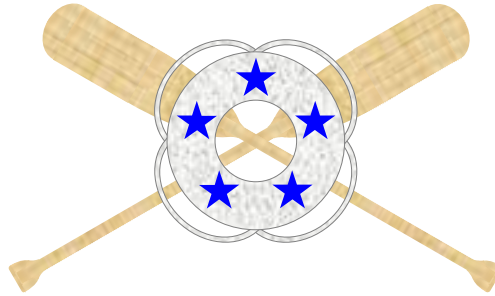


*Every Scout A Swimmer – Every Scout A Lifesaver*



**Five Star Aquatics Presents**

## **Aquatics Training For Youth & Adults**

Courses are available for Webelos Scouts, Boy Scouts, Varsity Scouts, Venture Scouts, Explorer Scouts, adult leaders and parents. Adult leaders should become familiar with this entire program in order for your unit to be able to participate in all aquatic activities. Be sure to call in advance to make reservations so your unit is not left out. All courses are free except as noted.

Each course includes additional information and skills in order to strengthen the program. This will provide each participant the opportunity to increase his (her) knowledge and skill level and result in him (her) being safer in the aquatic environment. Nothing additional will be required of the participant in order to complete advancement requirements.

For insurance reasons, an adult is required to stay with a Scout as he works on his requirements.

### **Reservations**

Due to limited space and the high attendance of over 2500 in past program years, reservations are required to participate in this program. We are not always able to serve "Walk-Ins". A parent or leader can make reservations for individuals or groups working on requirements through First Class. However, in keeping with the merit badge program, all boys working on merit badges, BSA Lifeguard, Mile Swim BSA, or Snorkeling BSA, should personally call for an appointment. (Parents are welcome and encouraged to call for information, but the Scout must make his own appointment, if he is working on requirements beyond First Class.) Please call early for an appointment or more information. All reservations are to be made with:  
Lyle W. Johnson, Aquatics Instructor BSA, 7933 S. 72nd East Ave., Tulsa, OK 74133-7816, (918) 492-1912.

### **Course Descriptions**

**Basic Aquatics Safety Training** is presented each week during the school year for adults. This session will provide parents and adult leaders with the information they need to back up and reinforce what the boys have learned, so the boys will be safer in the aquatic environment. Please call in advance.

**Safe Swim Defense & Safety Afloat** will be presented at different times during the year for all parents and adult leaders. This course will give the information to enable a parent or leader to assist the qualified supervisor. The course is the bare minimum training required for a unit to have swimming and boating activities. Please call for available dates and to make reservations.

**Advanced Aquatics Safety Training** will be presented at different times during the year for those who will be the qualified supervisor for an aquatic activity. All parents and adult leaders are encouraged to participate in this course, because it includes **Safe Swim Defense & Safety Afloat**, and additional information on how to apply the two plans in order to increase and ensure the safety of those participating in the aquatic activity. Please call for information.

**Non-Swimmer** instruction will be available each week during the school year for youth and adults. If you or someone you know cannot swim, call for more information.

**Beginner** instruction will be available for youth and adults each week during the school year, for those wanting to increase their swimming ability. Reservations needed.

**Webelos Aquanaut Activity Badge** will be available each week during the school year. Plan ahead so your den will not miss this great activity. If a boy does not know how to swim, sign him up with the non-swimmers group first. Please call for reservations.

Scouts working on **Tenderfoot, Second Class & First Class** can complete their swimming requirements each week during the school year. If a boy does not know how to swim, have him sign up with the non-swimmers group. Please call in advance.

**Swimming Merit Badge** classes will be offered each month during the school year. A Scout must complete his swimming requirements for First Class before starting Swimming Merit Badge. The boy must make his own appointment. There may be a small charge for the CPR requirement. The Scout must bring with him the first session, a properly filled out Merit Badge Application form signed by the unit leader.

**Lifesaving Merit Badge** classes will be offered each month during the school year. Each boy must have completed Swimming Merit Badge before enrolling and be a strong swimmer. This is a serious and strenuous course. It is better if the boy is older and more mature. The Scout needs to make his own appointment. There may be a small charge for the CPR requirement. A properly filled out Merit Badge Application form signed by the unit leader, must be brought the first session.

**BSA Lifeguard** will be offered twice during the school year for Scouts 14 and older, male and female, youth and adult. This is a serious and strenuous course. It is better if the youth is older, more mature, and has completed First Aid merit badge, Swimming merit badge, Lifesaving merit badge, and either Rowing or Canoeing merit badge. The course includes more than BSA Lifeguard and is designed to give the person information and skills needed to be the aquatics resource person in his (her) unit. Each person must make his (her) own appointment. There will be a small charge for the CPR requirement.

**Mile Swim, BSA** is available to all Scouts who have completed their First Class swimming requirements and have a BSA Swimmer classification. Adults with a BSA Swimmer classification may also participate in the Mile Swim, BSA program. Please call before attending.

**Snorkeling, BSA** also will be available to all Scouts who have completed their First Class swimming requirements and are classified as a BSA Swimmer. Adults with a BSA Swimmer classification may also participate in the Snorkeling, BSA program. Please make reservations.

**Canoe Use & Safety Training Course For Adults** is designed to provide the knowledge and skills for a safe canoeing experience for the participant, his (her) unit, family, and friends. It will be held once each spring. The emphasis of the course will be on prevention and safety. Information will be given for: 1) how to plan and conduct a canoe trip; 2) reserving canoes and equipment and fees charged; 3) rules for transporting, launching, beaching and paddling canoes; 4) how to handle emergencies and make temporary repairs; 5) safety rules and regulations; 6) Safe Swim Defense; 7) Safety Afloat; and 8) the proper order for rescues. Time also will be spent learning and practicing lake and river canoeing skills on (and in) the water. You will receive training commitment cards for **Safe Swim Defense, Safety Afloat, and Canoe Use & Safety** upon successful completion of the course. There will be a charge for meals and handouts, etc.

## A Special Note

A grateful thank you is extended to all the registered adult Scouters who volunteer to be trained as BSA Lifeguards and then give of their time to serve the Scouts, leaders and families of Indian Nations Council, BSA. It is also deeply appreciated that Bixby High School has joined in this service program by donating the use of their pool. Other organizations have also provided their facilities free of charge for all the Safe Swim Defense & Safety Afloat training.

This is a personal program created in 1976 by a volunteer Scouter. All the equipment provided for use is personally owned. The administrator and staff do not receive remuneration for conducting this program. Our paycheck is the smile on the face of the Scout and leader who learns a new skill, and the satisfaction of knowing that our Scouters will be providing safe aquatic activities for our youth.